PREPARATION INSTRUCTIONS

FOR INTRAVENOUS CONTRAST (CT/IVP) PLEASE NOTIFY OUR OFFICE IF YOU HAVE HAD PRIOR CONTRAST REACTIONS.

PLEASE NOTE: MOST INSURANCE COMPANIES REQUIRE PRE CERTIFICATION FOR YOUR EXAM. PLEASE CHECK WITH YOUR DOCTOR.

□ CT WITH CONTRAST (電腦掃描顯影劑注射)
CT with contrast including Abdominal and/or Pelvic, CT Urogram: Do not drink or eat for 6 hours prior to the examination. When IV contrast is needed, please inform us if you are diabetic, asthmatic, or have any allergies (iodine, shellfish, medicines, food, etc.). The blood work result has to be within 3 months. BUN and CREATININE blood test results must be provided for IV contrast studies. PLEASE ARRIVE AT LEAST 60 MINUTES PRIOR TO SCHEDULED APPOINTMENT IN ORDER TO DRINK ORAL CONTRAST AGENT.

□ CT NON-CONTRAST FOR RENAL STONE, ABDOMINAL AND/OR PELVIC (腎結石/腹部 電腦掃描無顯影劑注射)
Do not eat for 6 hours prior to the examination

□ CT NON-CONTRAST (電腦掃描無顯影劑注射)
No special preparation needed.

□ BARIUM ENEMA, AND IVP (INTRAVENOUS PYELOGRAM) (大腸檢查，腎靜脈注射照影)
CLEAR LIQUID DIET the day before the exam. You may have water, black coffee, black tea, jello, clear broth, strained juice, etc. NO SOLID FOOD, DAIRY PRODUCTS, FRUITS, VEGETABLES OR CEREAL.
Please purchase the medication (BOWEL CLEANSING SYSTEM) from Canal Radiology Associate the evening before the examination. DO NOT EAT OR DRINK ON THE MORNING OF THE EXAM. Use Fleet enema in the morning just prior to the examination.

大腸檢查前一天可吃流質食物 (可以吃稀粥、喝湯水、黑咖啡、茶、水，或透明果汁等，
不可吃生果、肉類、豆、菜或麥片，不可喝牛奶及橙汁)。檢查前一晚，服用瀉藥 (本中心可購買)。檢查
當天禁吃早餐。靜脈注射造影檢查前請先驗血，取得 BUN 和 CREATININE 結果。有過敏的病者，請按 醫生指示服 用抗過敏藥。

☐ UPPER GI SERIES, AND SMALL BOWEL STUDY (腸胃檢查)
Do not eat or drink for 8 hours before the examination.

☐ ULTRASOUND ABDOMINAL/ RUQ/ KIDNEY (腹部超聲波檢查)
Abdominal/ RUQ/ Kidney Ultrasound: Do not eat, drink, chew gum or smoke for 8 hours before the examination.
腹部 (肝、膽、胰、腎、脾) 超聲波 檢查前夕，檢查 8 小時前禁止進食任何食物、飲料及水，口香糖，不
能抽菸，直至檢查完畢為止。

☐ ULTRASOUND PELVIC (子宮超聲波)
Regular diet the day of the examination. One hour before your appointment, drink enough water to fully fill your bladder (about 32 ounces or four 8 oz glasses). DO NOT URINATE.
正常飲食，檢查前一小時 喝足夠的水(32oz)讓膀胱脹滿，禁小便。

☐ ULTRASOUND PROSTATE/BLADDER (前列腺/膀胱檢查)
Regular diet the day of the examination. Drink enough water to fully fill your bladder (about 32 ounces or four 8 oz glasses) one hour before your examination. DO NOT URINATE.
正常飲食，檢查前一小時 喝足夠的水(32oz)讓膀胱脹滿，禁小便。

☐ FINE NEEDLE BIOPSY (細針穿刺活檢)
Do not take Aspirin for 24 hours before examination
檢查前 24 小時禁止服用阿斯匹靈。

☐ ULTRASOUND AND MAMMOGRAM BREAST IMAGING (乳房 X 光檢查和乳房超聲波檢查)
On the day of your appointment, DO NOT use any perfume, cream, powder or deodorant on the breasts or underarms. Please bring with you all prior mammograms and breast ultrasounds on the day of the exam.
如果你的乳房對香水敏感，乳房 X 光檢查的最佳時間是在月經結束後進行。檢查當天不可使用任何香水，護
膚品，爽身粉，體香膏於乳房，腋下部位，以免影響檢查結果。以前曾做過乳房 X 光檢查者，請將以前資料，底片帶給醫生分析比較。

☐ BONE DENSITOMETRY (骨密度檢查)
Do not drink milk and/or take any calcium supplements for 24 hours prior to exam.
檢查前 24 小時，不能吃鈣片，補骨丸，奶茶，咖啡，任何奶製品的食物和飲料。